



BVN MIDDLE SCHOOL CROSS COUNTRY CAMP

Join the Blue Valley North High School Cross Country staff and runners for a week of learning about the Mustang Cross Country culture, go through our team warm-ups/modified workouts and play games. This camp will help runners build a base before the middle school season and participate in an end of the week mini XC meet!

Date: Monday, July 26 to Friday, July 30

Grades 6-8: 8:30-10:00am

Location: Blue Valley North HS Track

Cost: \$50/Runner

*****This Cost includes a BVN XC camp T-Shirt*****

Registration Deadline- July 16. **No camp t-shirts will be given for registrations received after July 16**

Payment can be made by Venmo @Miles-Riley or by check made payable to Miles Riley.

****If paying by Venmo please include your runners name and grade in the comment line.**

****Contact Coach Riley at mariley@bluevalleyk12.org with questions****

****ALL SHIRT ORDERS MUST BE PLACED BY July 16th TO GUARANTEE DELIVERY BY CAMP**

Cost: \$50

Make Checks payable to: Miles Riley mariley@bluevalleyk12.org; (913) 244-7680

Mail To: Miles Riley

518 N Elm St.

Gardner, KS 66030

Player Name: _____

Parents Name: _____

Address: _____

Phone #: _____

Email: _____

Entering grade Fall 2021: _____

Shirt Size: YM YL XS S M L XL XXL

Disclaimer: I hereby release the Blue Valley School District and all of its employees from all claims that result from injury sustained during the 2021 Summer Cross Country Camp.

Parent/Guardian Signature: _____ **Date:** _____